



Hand in Hand: A Training Series for Nursing Homes

Resources

This page intentionally left blank.

Resources

Modules 1, 3, 4 and 6 Resources

These additional resources are available if you want to learn more about dementia and person-centered care for persons with dementia.

Websites

- Advancing Excellence—www.nhqualitycampaign.org
- Alzheimer’s Association—www.alz.org
- Alzheimer’s Foundation of America—www.alzfdn.org
- Healthcentric Advisors—www.healthcentricadvisors.org
- Lewy Body Dementia Association—www.lbda.org
- National Parkinson Foundation—www.parkinson.org
- Pioneer Network—www.pioneernetwork.net

Books**Reframing Dementia**

- Basting, Anne Davis. *Forget Memory: Creating Better Lives for People with Dementia*. The Johns Hopkins University Press, 2009.
- Bell, Virginia, and David Troxel. *A Dignified Life: The Best Friends Approach to Alzheimer's Care, A Guide for Family Caregivers*. HCI, 2002.
- Brooker, Dawn. *Person-Centered Dementia Care: Making Services Better*. Jessica Kingsley Publishing, 2006.
- DeBaggio, Thomas. *Losing My Mind: An Intimate Look at Life with Alzheimer's*. Free Press, 2003. *
- Fazio, Sam, Dorothy Seman, and Jane Stansell. *Rethinking Alzheimer's Care*. Health Professions Press, 1999.
- Kitwood, Tom. *Dementia Reconsidered: the Person Comes First*. Open University Press, 1997.
- Kuhn, Daniel, and David A. Bennett. *Alzheimer's Early Stages: First Steps for Family, Friends and Caregivers*. Hunter House, 2003.
- Snowdon, David. *Aging with Grace*. HarperCollins, 2002.
- Snyder, Lisa. *Speaking Our Minds: What It's Like to Have Alzheimer's, Revised Edition*. Health Professions Press, 2009.
- Taylor, Richard. *Alzheimer's from the Inside Out*. Health Professions Press, 2006. *
- Thomas, William H. *What Are Old People For?: How Elders Will Save the World*. Vanderwyk & Burnham, 2007.

* Books written by persons with dementia

Being With a Person with Dementia

- Barrick, Ann Louise, Joanne Rader, Beverly Hoeffler, Phillip D. Sloane, and Stacey Biddle. *Bathing Without a Battle: Person-Directed Care of Individuals with Dementia, Second Edition*. Springer Publishing Company, 2008.
- Camp, Cameron J. *Hiding the Stranger in the Mirror: A Detective's Manual for Solving Problems Associated with Alzheimer's Disease and Related Disorders*. Center for Applied Research in Dementia, 2012.
- Coste, Joanne Koeing, and Robert Butler. *Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease*. Mariner Books, 2004.
- Power, G. Allen. *Dementia Beyond Drugs: Changing the Culture of Care*. Health Professions Press, 2010.

Leadership/Operational

- Bell, Virginia, David Troxel, Robin Hamon, and Tonya Cox. *The Best Friends Staff: Building a Culture of Care in Alzheimer's Programs*. Health Professions Press, 2001.
- Fox, Nancy. *Journey of a Lifetime: Leadership Pathways to Culture Change in Long-Term Care*. Action Pact, Inc., 2007.
- Frank, Barbara, and Cathie Brady. *Meeting the Leadership Challenge in Long-term Care: What You Do Matters*. Health Professions Press, 2011.
- Geboy, Lyn, and Beth Meyer-Arnold. *Person-Centered Care in Practice: Tools for Transformation*. Attainment Company, 2011.

Photographs

- Greenblat, Cathy. *Alive with Alzheimer's*. University of Chicago Press, 2004.
- Greenblat, Cathy. *Love, Loss, and Laughter: Seeing Alzheimer's Differently*. Lyons Press, 2012.

Modules 2 and 5 Resources

These additional resources are available if you want to learn more about abuse and preventing abuse.

If your nursing home would like to learn more about nursing home abuse risk prevention:

- *Nursing Home Abuse Risk Prevention Profile and Checklist*—National Center on Elder Abuse
http://www.ncea.aoa.gov/main_site/pdf/publication/NursingHomeRisk.pdf

This prevention resource developed by the National Association of State Units on Aging has been designed not only to root out the “hidden” risks to vulnerable nursing home residents, but also to inspire and catalyze communitywide response.

This free tool includes:

- An abuse risk prevention profile, which describes nursing home risk factors, resident risk factors and relationship risk factors so that you can understand the risk factors that put residents in danger of abuse.
- Suggestions for risk prevention planning in your nursing home (e.g., setting up an abuse prevention committee, how to evaluate the risk factors in your nursing home, etc.).
- A Nursing Home Abuse Risk Prevention Checklist.

If your nursing home would like to offer additional training:

- *Adult Abuse & Neglect Prevention Training*— PHI (Paraprofessional Healthcare Institute)
<http://phinational.org/training/resources/adult-abuse-neglect-prevention-training/>

Bringing the Eden Alternative to Michigan (BEAM) provides these materials in cooperation with Michigan State University and the Michigan Office of Services to the Aging through the Michigan Department of Community Health Grant No. 11-P-93042/5-01 awarded by the Centers for Medicare & Medicaid Services.

This training program includes 12 modules, each 60 minutes long, focusing on developing skills to prevent abuse and neglect, as well as other communication and relational skills. The module topics are:

- Module 1: Person-Centered Care
- Module 2: Identifying Potential Signs of Abuse & Neglect
- Module 3: Abuse & Neglect: Defining & Reporting
- Module 4: Stress Triggers & Trigger Busters: Life Influences
- Module 5: Stress Triggers & Trigger Busters: Job Challenges
- Module 6: Stress Triggers & Trigger Busters: Client Behaviors
- Module 7: Stress Trigger Signals
- Module 8: Active Listening
- Module 9: De-escalation—Conflict Resolution
- Module 10: De-escalation—Client Behaviors
- Module 11: When Abuse Happens
- Module 12: Active Communication—Learning Circle

This page intentionally left blank.

**Appendix Two - Excerpts – Section 6703 - Elder Justice Act
–Reporting Reasonable Suspicion of a Crime**

**REPORTING TO LAW ENFORCEMENT OF CRIMES OCCURRING IN FEDERALLY
FUNDED LONG-TERM CARE FACILITIES**

Section 6703(b)(3) LONG-TERM CARE FACILITIES.—Part A of title XI of the Social Security Act (42 U.S.C. 1301 et seq.), as amended by section 6005, is amended by inserting after section 1150A the following new section: **SEC. 1150B**

(a) DETERMINATION AND NOTIFICATION.—

(1) DETERMINATION.—The owner or operator of each long term care facility that receives Federal funds under this Act shall annually determine whether the facility received at least \$10,000 in such Federal funds during the preceding year.

(2) NOTIFICATION.—If the owner or operator determines under paragraph (1) that the facility received at least \$10,000 in such Federal funds during the preceding year, such owner or operator shall annually notify each covered individual (as defined in paragraph (3)) of that individual's obligation to comply with the reporting requirements described in subsection (b).

(3) COVERED INDIVIDUAL DEFINED.—In this section, the term 'covered individual' means each individual who is an owner, operator, employee, manager, agent, or contractor of a long-term care facility that is the subject of a determination described in paragraph (1).

(b) REPORTING REQUIREMENTS.—

(1) IN GENERAL.—Each covered individual shall report to the Secretary and 1 or more law enforcement entities for the political subdivision in which the facility is located any reasonable suspicion of a crime (as defined by the law of the applicable political subdivision) against any individual who is a resident of, or is receiving care from, the facility.

(2) TIMING.—If the events that cause the suspicion—

(A) result in serious bodily injury, the individual shall report the suspicion immediately, but not later than 2 hours after forming the suspicion; and

(B) do not result in serious bodily injury, the individual shall report the suspicion not later than 24 hours after forming the suspicion.

(c) PENALTIES.—

(1) IN GENERAL.—If a covered individual violates subsection (b)—

(A) the covered individual shall be subject to a civil money penalty of not more than \$200,000; and

(B) the Secretary may make a determination in the same proceeding to exclude the covered individual from participation in any Federal health care program (as defined in section 1128B(f)).

(2) **INCREASED HARM.**—If a covered individual violates subsection (b) and the violation exacerbates the harm to the victim of the crime or results in harm to another individual—42 USC 1320b–25.

(A) the covered individual shall be subject to a civil money penalty of not more than \$300,000; and

(B) the Secretary may make a determination in the same proceeding to exclude the covered individual from participation in any Federal health care program (as defined in section 1128B(f)).

(3) **EXCLUDED INDIVIDUAL.**—During any period for which a covered individual is classified as an excluded individual under paragraph (1)(B) or (2)(B), a long-term care facility that employs such individual shall be ineligible to receive Federal funds under this Act.

(4) **EXTENUATING CIRCUMSTANCES.**—

“(A) **IN GENERAL.**—The Secretary may take into account the financial burden on providers with underserved populations in determining any penalty to be imposed under this subsection.

“(B) **UNDERSERVED POPULATION DEFINED.**—In this paragraph, the term ‘underserved population’ means the population of an area designated by the Secretary as an area with a shortage of elder justice programs or a population group designated by the Secretary as having a shortage of such programs. Such areas or groups designated by the Secretary may include—

- (i) areas or groups that are geographically isolated (such as isolated in a rural area);
- (ii) racial and ethnic minority populations; and
- (iii) populations underserved because of special needs (such as language barriers, disabilities, alien status, or age).

(d) **ADDITIONAL PENALTIES FOR RETALIATION.**—

(1) **IN GENERAL.**—A long-term care facility may not—

(A) discharge, demote, suspend, threaten, harass, or deny a promotion or other employment-related benefit to an employee, or in any other manner discriminate against an employee in the terms and conditions of employment because of lawful acts done by the employee; or

(B) file a complaint or a report against a nurse or other employee with the appropriate State professional disciplinary agency because of lawful acts done by the nurse or employee, for making a report, causing a report to be made, or for taking steps in furtherance of making a report pursuant to subsection (b)(1).

(2) **PENALTIES FOR RETALIATION.**—If a long-term care facility violates subparagraph (A) or (B) of paragraph (1) the facility shall be subject to a civil money penalty of not more than

\$200,000 or the Secretary may classify the entity as an excluded entity for a period of 2 years pursuant to section 1128(b), or both.

(3) REQUIREMENT TO POST NOTICE.—Each long-term care facility shall post conspicuously in an appropriate location a sign (in a form specified by the Secretary) specifying the rights of employees under this section. Such sign shall include a statement that an employee may file a complaint with the Secretary against a long-term care facility that violates the provisions of this subsection and information with respect to the manner of filing such a complaint.

(e) PROCEDURE.—The provisions of section 1128A (other than subsections (a) and (b) and the second sentence of subsection (f)) shall apply to a civil money penalty or exclusion under this section in the same manner as such provisions apply to a penalty or proceeding under section 1128A(a).

(f) DEFINITIONS.—In this section, the terms ‘elder justice’, ‘long term care facility’, and ‘law enforcement’ have the meanings given those terms in section 2011.

This page intentionally left blank.